

ESSAY TOPICS TO AVOID

V E R S U S

UNIQUE ESSAY TOPICS

TIPS FOR WRITING A COMPELLING ESSAY

Don't

Write about participation in sports

Write about a mission trip

Write about how you were affected by COVID-19

Talk about an accomplishment

Do

Tell a unique story related to something you learned through sports

Take a unique angle on your learnings from the trip without talking about it specifically

Create a narrative about how you overcame an obstacle

Relay your journey to achieving it and how it made you feel